

Go To Salad and Tuna Salad

By Elissa Lorenzen

That Dressing (enough for two salads)

2 Tablespoons enova
2 Tablespoons balsamic vinegar
½ tsp grey poupon mustard

Go To Salad serves 2

This is a salad that is refreshing and goes with just about anything. Use it as a main side or an accompaniment.

Mixed greens
1 avocado diced
½ cup sliced cherry tomatoes
Dress with That dressing

Honey Mustard Dressing

This is great over avocado or in a salad with tuna.

2 Tablespoons olive oil
1 teaspoon honey
1teaspoon Dijon mustard
¼ tsp red pepper flakes

Tuna Salad serves 4

This dressing has an infused vinegar in it. I love infused oils and vinegars because it adds a real pop to a everyday dressing. Don't get to crazy with too many flavors - I like to keep it simple.

2 cans tuna
1 bag mixed greens
¼ cup shredded carrots
1 hard boiled egg sliced
2Tb olive oil
2Tb fig infused balsamic vinegar